

### **Our protocol should be followed so the quality of your scan results is not compromised.**

- Do not eat any food or consume any fluids for eight hours. If you need to consume water no more than 200ml
- Do not perform any exercise for eight hours before the scan
- Do not consume any alcohol 24 hours before the scan
- Make sure you go to the toilet before your scan
- Remove all jewellery and any fitness devices

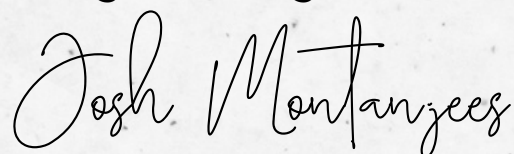
### **Please advise us if you**

- Have any metal pins, plants or implants
- You are on any prescribed medication

### **You cannot have a scan if you are**

- Pregnant
- Wearing a Pacemaker

**Ngā Mihi Regards**



Josh Montanjees  
BMI Health Scanner Technician